

## Common Interests Create Common Bonds

*Creating connections is easier when you have shared interests, and it deepens bonds by doing something together! Below are ways to connect with people who like the same things you do.*

---

Maybe you would like to meet new people or expand your circle of friends, but don't know how you will fit one more activity into the calendar. Hobbies, existing or new, allow us to enjoy a special interest, meet others, and connect on a deeper level.

So, if you have always wanted to learn how to make a cheese soufflé or your neighbor wants to form a cookbook club, don't hesitate! There are lots of great community resources to get you started. Here are a few ways to make connections through hobbies:

### **Attend or participate in a community event**

- Community gardening
- Community theater
- Gallery or museum event
- Sporting event

### **Join or start a club**

- Knitting club
- Photography club
- Travel club
- Walking club

### **Learn something new or expand skills**

- Fly fishing
- Foreign language
- Improv
- Painting
- Play an instrument
- Video production